

**Sick or hurt? Make 1-800-???-???? your first call.**

Dear Montana Medicaid Client:

The Nurse First Advice Line is a service to help you anytime you are sick or hurt. Montana Medicaid provides this free, confidential service to its clients. The nurses are available to help you 24 hours a day, 7 days a week, even on weekends and holidays. The phone number is **1-800-???-????**.

Nurse First can help you with health problems like:

- Fever
- Colds and coughing
- Ear ache and headache
- Back pain
- Flu and sore throats
- A crying baby
- Vomiting or upset stomach

When you call, a registered nurse will:

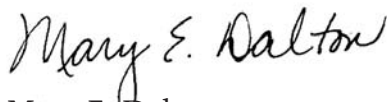
- Ask you about your symptoms or health concerns.
- Help you decide on the best time and place for care.
- Provide self care tips to help you feel better faster.

Calling Nurse First can also save you time and money. You may be able to avoid making a trip to your provider's office or the Emergency Room. You can also help save Montana Medicaid's limited health care resources by using Nurse First when you need it.

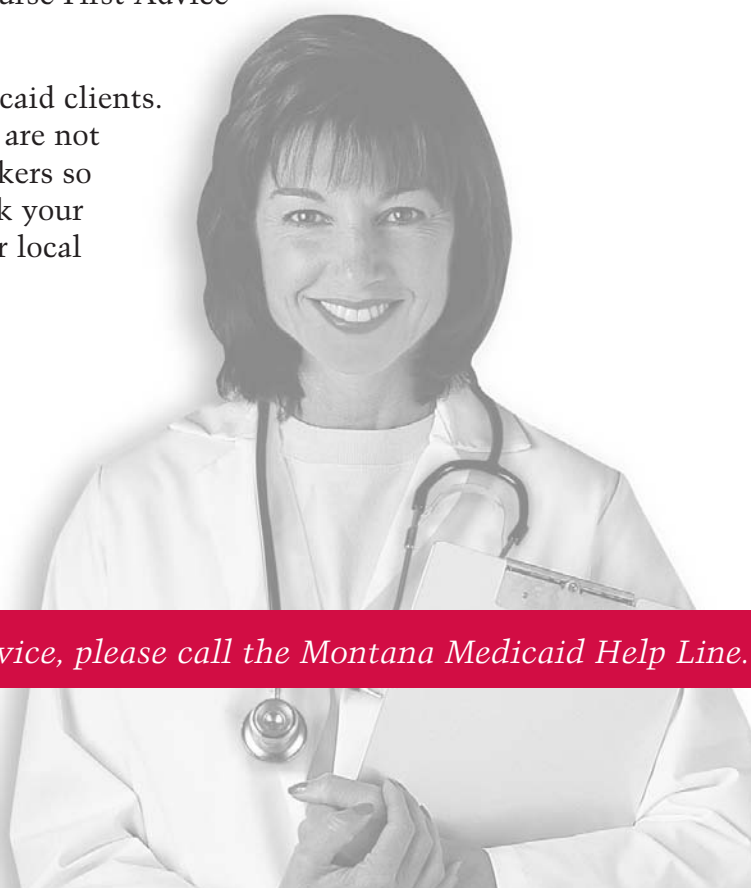
Call anytime to speak with a registered nurse before making an appointment with your provider or going to the Emergency Room. If you already have an appointment or follow up visit scheduled with your provider, you do not need to call the Nurse First Advice Line before going.

Remember, Nurse First is only for Montana Medicaid clients. Do not share the phone number with people who are not eligible. Please save the enclosed magnet and stickers so you always have the number close by. If you think your health concern is life threatening, call 911 or your local emergency service.

Sincerely,



Mary E. Dalton  
Administrator  
Health Resources Division



*For benefit questions or client service, please call the Montana Medicaid Help Line.*